Whitehall-Coplay
ELEMENTARY LUNCH MENU

What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price.
Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:
Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
Beans/Peas
Starchy - white potatoes, corn, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

DAILY ALTERNATES.

Daily Entree Options
2. Ham and Cheese WK 1& 3 & 5
2. Friday Only - Italian Craveable

2. Turkey and Cheese WK 2 & 4 & 6
2. Friday Only - Bread Stick Dippers

3. Garden Salad with Dinner Roll

4. Peanut Butter and Jelly Uncrustable

Nutritious Friends
Look for our Nutritious Friend of the Month on the menu!!
This Month.....

Lunch Prices
Student $0.00
Reduced $.0.00
Paid- $0.00
Adult - Ala Carte

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Chef Manager
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Menu subject to change based on product availability

Monday	Tuesday	Wednesday	Thursday	Friday
1/1/24 NO SCHOOL 	**1/2/24** 1. Beef Taco **Featured Veggies:** Vegetarian Beans Celery Sticks Choice of Fruit Choice of Milk	**1/3/24** 1. Dutch Waffle with Turkey Sausage Links **Featured Veggies:** Tater Tots Cucumbers with Dip Choice of Fruit Choice of Milk	**1/4/24** 1. Chicken Nuggets with Dinner Roll **Featured Veggies:** Broccoli Carrots with Dip Choice of Fruit Choice of Milk	**1/5/24** 1. Cheese Pizza **Featured Veggies:** Seasoned Corn Tomato and Mozzarella Salad Choice of Fruit Choice of Milk
1/8/24 1. Hot Dog on Bun **Featured Veggies:** Vegetairan Baked Beans Baby Carrots Choice of Fruit Choice of Milk	**1/9/24** 1. French Toast Sticks with Turkey Sausage Patty **Featured Veggies:** Corn Celery Sticks Choice of Fruit Choice of Milk	**1/10/24** 1. Loaded Pierogies with Cheese and Pepperoni **Featured Veggies:** Cucumber Slices Choice of Fruit Choice of Milk	**1/11/24** 1. Macaroni & Cheese with Dinner Roll **Featured Veggies:** Steamed Broccoli Cauliflower Salad Choice of Fruit Choice of Milk	**1/12/24** 1. French Bread Pizza **Featured Veggies:** Mixed Vegetables Baby Carrots Choice of Fruit Choice of Milk
1/15/24 NO SCHOOL 	**1/16/24** 1. Hamburger Cheeseburger on a Bun **Featured Veggies:** Celery with Ranch Choice of Fruit Choice of Milk	**1/17/24** 1. Pancakes with Turkey Sausage links **Featured Veggies:** Steamed Peas Broccoli Salad Choice of Fruit Choice of Milk	**1/18/24** 1. Chicken Mash Potato Bowl with Dinner Roll **Featured Veggies:** Corn Cucumber with Dip Choice of Fruit Choice of Milk	**1/19/24** 1. Stuffed Crust Pizza **Featured Veggies:** Steamed Broccoli Carrots with Dip Choice of Fruit Choice of Milk
1/22/24 1. Chicken Patty on Bun **Featured Veggies:** Steamed Corn Baby Carrots Choice of Fruit Choice of Milk	**1/23/24** 1. Chicken Nachos with Salsa Cheese and Lettuce **Featured Veggies:** Steamed Peas Black Bean and Corn Salsa Choice of Fruit Choice of Milk	**1/24/24** 1. Cheese Filled Bread Stick with Marinara **Featured Veggies:** Mixed Vegetables Cucumbers with Dip Choice of Fruit Choice of Milk	**1/25/24** 1. Popcorn Chicken with Dinner Roll **Featured Veggies:** Seasoned Broccoli Celery Sticks Choice of Fruit Choice of Milk	**1/26/24** 1. Pepperoni Pizza **Featured Veggies:** Glazed Carrots Carrots with Dip Choice of Fruit Choice of Milk
1/29/24 1. Hamburger or Cheeseburger on a Bun **Featured Veggies:** TaterTots Baby Carrots Choice of Fruit Choice of Milk	**1/30/24** 1. Mini Corn Dogs with Dinner roll **Featured Veggies:** Seasoned Corn Cucumber Slices Choice of Fruit Choice of Milk	**1/31/24** 1. Chicken Quesadilla with Salsa **Featured Veggies:** Baked Beans Celery Sticks Choice of Fruit Choice of Milk	**2/1/24** 1. Chicken Nuggets with Dinner Roll **Featured Veggies:** Steamed Corn Carrots with Dip Choice of Fruit Choice of Milk	**2/2/24** 1. Cheese Pizza **Featured Veggies:** Steamed Broccoli Carrots with Dip Choice of Fruit Choice of Milk
2/5/24 1. Pork BBQ Ribby on a Bun **Featured Veggies:** Baked Beans Cole Slaw Choice of Fruit Choice of Milk	**2/6/24** 1. Walking Taco with Doritos **Featured Veggies:** Baked Beans Cherry Tomatoes Choice of Fruit Choice of Milk	**2/7/24** 1. Hot dog on a Bun **Featured Veggies:** Smiley Fries Cucumber Slices Choice of Fruit Choice of Milk	**2/8/24** 1. Penne Pasta with Meat Sauce with Garlic Bread **Featured Veggies:** Buttered Corn Chickpea Garden Salad Choice of Fruit Choice of Milk	**2/9/24** 1. Stuffed Crust Pizza **Featured Veggies:** Seasoned Green Beans Side Salad Choice of Fruit Choice of Milk